

Prepared Eggs

MICROWAVE HEATING INSTRUCTIONS



General Instructions



STORAGE:

- Freezer for up to 3 months
- Refrigerator for 3 days



PREP:

- Fully thaw for best results
- Thaw under refrigeration



HEAT:

- 1100 W Microwave, High Setting
- Heat product in the microwave to an internal temperature of 135°F
- **NOTE:** Place individually wrapped products in microwave **without removing the heatable wrap.**

Microwave Heating Times (in minutes)

BULK



Precooked Scrambled Eggs

FROZEN
1:00

THAWED
0:30

REST
N/A



Grilled Egg Patty 1.25 oz.

1:00

0:30

N/A



Colby Cheese Omelet 2.1 oz.

1:20

0:45

N/A



Turkey & Cheese Fritatta 2.2 oz.

1:20

0:40

N/A



French Toast 2.9 oz.

1:10

0:40

N/A

INDIVIDUALLY WRAPPED



Tortilla Wrapped Omelets

FROZEN
1:30

THAWED
0:45

REST*
1:00



French Toast Sticks 2.9 oz.

1:00

0:40

1:00



Colby Cheese Omelet 2.1 oz.

1:00

0:40

1:00

**Let product rest in pouch after heating.*

All Cargill Kitchen Solutions products are ready-to-eat (RTE). Per FDA, RTE heating requirement states internal minimum temperature should reach 135°F for holding. Note: Times vary due to oven differences. Please use these times and temperatures as a guide to heating Sunny Fresh brand products. Adjust times to fit your equipment and desired product results.

For more information, visit us at sunnyfresh.com or call 1-800-872-3447.

