



**French Toast Croutons,  
Greek Yogurt & Berry Parfait**

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Serves:  
**1**

Product used:  
**Whole Grain Cinnamon-Glazed French  
Toast Sticks**

## INGREDIENTS:

$\frac{3}{4}$  c yogurt-divided

$\frac{1}{2}$  c mixed berries-divided

$\frac{1}{4}$  c 1" diced Sunny Fresh® French toast-divided

Pinch of cinnamon

## ASSEMBLY:

Place half the berries and half the diced French toast in the bottom of the vessel.

Top with half the yogurt.

Place the other half of the berries and French toast on top of the yogurt.

Spoon the remaining yogurt over the top and garnish with a pinch of cinnamon.

*NOTE: Any mixture of berries will work. If you don't have berries, try diced banana and raisins.*

