



Gluten Free French Toast

Submitted by Peoria Unified Schools in Peoria, AZ

SERVES: 16 | SERVING SIZE: 2 SLICES (4 STICKS)

Ingredients:

32 slices Gluten free bread

3 cups Sunny Fresh® Liquid Whole Egg With Citric

2 Tbsp Vanilla

1/2 C Light brown sugar

2 Tbsp Ground cinnamon

1/2 C Water (or milk/non-dairy milk)



Preparation:

- 1. Preheat oven to 350°F and take bread out of freezer (doesn't need to be fully thawed to be used in the recipe)
- 2. Spray sheet pan with cooking spray.
- 3. Pour liquid egg, water (or milk), cinnamon, vanilla and sugar into bowl. Whisk until blended.
- 4. Cut bread slices lengthwise (horizontally) in half to make two sticks. Dunk each in egg mixture and place on pre-sprayed sheet pan.
- Spray the bottom side of a second sheet pan and place on top of the French toast slices in the first pan. Bake for 15 minutes; check after 7 minutes.
- 6. Place 4 sticks on tray. Maple syrup optional.



