



# Price and Value of Entrées Revealed

Ingredient Costs	Cost	Quantity	From Scratch Omelet/Frittata	SF Frittata	From Scratch Bkft Wrap/Taco	SF Bkft Wrap
Eggs/Dozen	\$1.60	2 Eggs	\$0.267	\$0.000	\$0.267	\$0.000
Milk/Gallon	\$3.00	1 Tbsp	\$0.012	\$0.000	\$0.012	\$0.000
Cheddar Cheese/Lb	\$3.50	.5 oz	\$0.109	\$0.000	\$0.109	\$0.000
Vegetables/Lb	\$1.29	.5 oz	\$0.040	\$0.000	\$0.040	\$0.000
Ham/Lb	\$2.95	.5 oz	\$0.092	\$0.000	\$0.092	\$0.000
Tortilla/Dozen	\$1.49	1	\$0.000	\$0.000	\$0.124	\$0.000
<b>Sub-Total</b>			<b>\$0.520</b>	<b>\$0.675</b>	<b>\$0.644</b>	<b>\$0.822</b>
<b>Labor/Preparation Costs</b>						
Prep Time	\$8.00	1 minute	\$0.133	\$0.133	\$0.133	\$0.133
Online Cooking Time	\$10.00	5 minutes	\$0.833	\$0.000	\$0.833	\$0.000
Clean Up Time	\$8.00	1 minute	\$0.133	\$0.000	\$0.133	\$0.000
Non-Stick (Pan Spray/Butter)/Lb	\$2.00	.25 oz	\$0.031	\$0.031	\$0.031	\$0.031
<b>Sub-Total</b>			<b>\$1.130</b>	<b>\$0.164</b>	<b>\$1.130</b>	<b>\$0.164</b>
<b>Total Costs</b>			<b>\$1.65</b>	<b>\$0.839</b>	<b>\$1.77</b>	<b>\$0.986</b>
<b>Total Savings with Sunny Fresh Entrees</b>			<i>Per Omelet</i>	<b>\$0.811</b>	<i>Per Bkft Wrap</i>	<b>\$0.784</b>
			<i>Per Case</i>	<b>\$38.93</b>	<i>Per Case</i>	<b>\$58.02</b>

Note on Costs:  
 Ingredient Costs were average market costs as of 7/18/08.  
 Sunny Fresh Skillet Frittata #30185 & Sunny Fresh Breakfast Wrap #30274 Foodservice FOB pricing for 8/2008.